



## “Suspension Trauma Safety Straps” Fitting and Use

The two zipped pouches attach to the harness where the shoulder straps cross over the back straps creating a floating joint on the hip - most harnesses are designed in this way.



The loop on the zipped pouches should be looped round the webbing in-between the floating joint and hooked back over the pouch, the press studded loop can then be attached round the web to hold the pouch in place

In the event of a fall, unzip each pouch and pull out the webbing straps, one side has a hook, the other a series of loops, hook the loop setting the straps at the correct length then stand on the loop, taking the pressure off the leg straps



Suspension trauma straps are designed to offer relief in the event of a fall, whilst awaiting rescue, they are not a substitute for a rescue plan